



THE NOT FORGOTTEN

# ANNUAL REVIEW

2022–23



## BENEFICIARIES IN NUMBERS

Army	50%
Royal Navy & Royal Marines	26%
RAF	17%
Merchant Navy & Other	7%

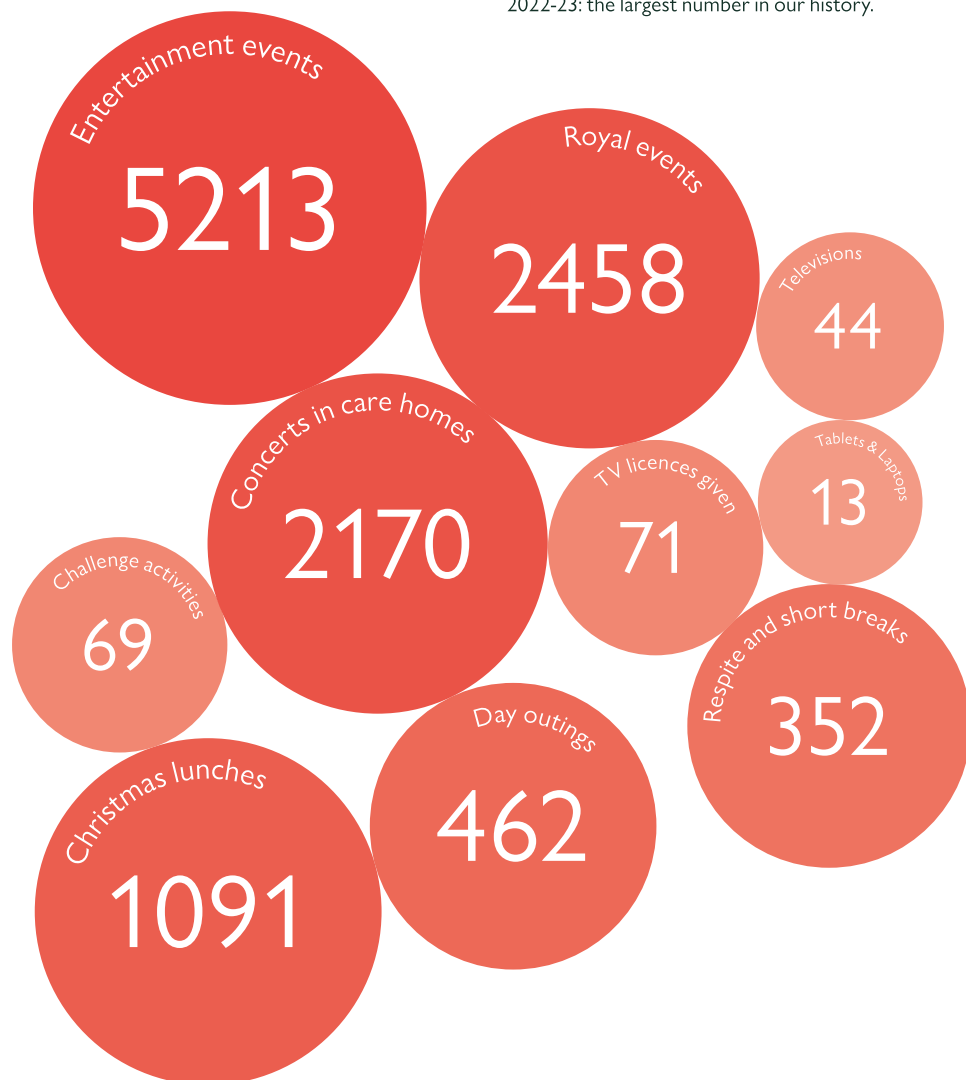
### FEEDBACK

99% positive feedback was received from beneficiaries who attended Not Forgotten events.

### BENEFICIARIES

The total number of veterans who have registered with us directly since 2020 is 3,690.

We supported a total of 12,050 beneficiaries in 2022-23: the largest number in our history.



## A FEW WORDS FROM OUR CHAIR

2022-23 has in many ways been a pivotal year in the life of The Not Forgotten. A year of returning to normality post-pandemic and enjoying the reinstatement of the familiar, and a year of change and movement into a new chapter.

It has been wonderful to return to a full programme of events for our veteran community, offering everything from our life-changing ski trips and vital respite breaks to our tremendous drive-in concerts and Christmas lunches around the UK.

Our 'Anyone for Tea?' tour in partnership with Waitrose saw us go out on the road in a splendid double-decker bus to meet veterans in towns all over the country. We reached thousands of people during the tour, and many told us that coming out for a cup of tea with us had been the highlight of their week, a telling indication of isolation increased by the Covid pandemic.

Through our events and tours, alongside our provision of TVs, TV licences and laptops to those isolated at home, we were able to support over 12,000 veterans in 2022-23, the largest number in our 103-year history, a figure of which I am extremely proud. To see the joy on the faces of beneficiaries at these events, and to hear their feedback afterwards always reminds me of why we are here and the almost inestimable impact we have on veterans' lives, especially those who suffer from injury, illness, or disability.

I have been much moved this year speaking to those in our community who served in the Falklands and joining them in commemorating the 40th anniversary of the conflict. A poignant moment to stop and reflect on an event of four decades ago that still affects people today. And another reminder of why The Not Forgotten exists – to ensure that veterans feel valued and that their service to their country matters.

This year also saw our Chief Executive Brigadier James Stopford CBE announce his resignation at the end of April after six years of service to the charity. My thanks go to him for leading us through important strategic changes, our centenary celebrations, and the challenges of a global pandemic. The gap left by James's departure has been ably filled by the arrival of our new Chief Executive Colonel Richard Walker OBE in September. Many of you will have met him over the past eight months and I'm sure will share my confidence that The Not Forgotten will go from strength to strength under his leadership.



As ever, my gratitude must go to the team behind all our work: our donors and supporters, our volunteers and our tireless office team who pull together the astonishing logistics behind all our events – including especially our incomparable Head of Events, Rosie Thompson, who this March celebrated 25 years at The Not Forgotten. We also owe huge thanks to all our partners and suppliers, from entertainers and caterers to the hosts who so generously lend us their beautiful venues.

A special thank you must go to Annie Riley from Variety Collective, who does so much for The Not Forgotten – co-ordinating events, engaging with our beneficiaries and performing at many of our events.

As we look ahead into a new year, I hope you enjoy this review of our achievements over the last twelve months and the illustrations of the very real difference we have made to so many lives.

David Cowley OBE  
Chair





Through social activities, challenges and peer support, The Not Forgotten provides a varied programme of events which improve physical and mental health, address isolation and loneliness and promote a sense of community and balance. Enabling beneficiaries and their families to live a happier, more sociable and more confident life.

Since 1920, we have helped veterans and service personnel of all ages, ranks, backgrounds and disabilities across all three military services and the Merchant Navy. We support individuals with any physical or mental injury or illness, whether acquired in service or developed later as a veteran.

From respite holidays to Royal parties, canoeing to concerts, and provision of TVs and tablets to those isolated at home; our small team of nine staff supports over 10,000 individuals each year. Bringing veterans together, lifting spirits, supporting partners and families, and transforming lives.

## OUR REACH

We aim to reach veterans the length and breadth of the UK, taking our events to as many regions as possible. Here's a snapshot of just some of the places we have been this year:



Baronscourt,  
Northern Ireland



Penrith



Wigan

1. Glasgow
2. Newcastle
3. Leeds
4. Blackpool
5. Liverpool
6. Manchester
7. Chester
8. Wrexham
9. Nottingham
10. Birmingham
11. Bristol
12. Salisbury
13. Plymouth
14. Herodsfoot & Saltash, Cornwall
15. Brands Hatch
16. Maidstone
17. Henley-on-Thames
18. Orsett, Essex
19. Southampton
20. Isle of Wight



Ashcombe, Devon



Titchfield,  
Hampshire



Ascot, Berkshire



Banffshire



Edinburgh



Solihull



London



We also went as far afield as the south of France, Majorca, the French Alps, Israel, Colorado (USA), New York (USA) and Fuerteventura, Spain



In addition, our 'Anyone for Tea?' tour covered Goldalming, Southampton, Plymouth, Saltash, Cardiff, Birmingham, Banbury, Glasgow, Hexham, Leeds, Preston and Liverpool!!



**12th August 1920**  
The Not Forgotten Association is founded by Miss Marta Cunningham CBE, an American opera singer and devoted charity worker, for the 'comfort, cheer and entertainment' of the war wounded.

In its first year, The Not Forgotten entertains some 10,000 men in Marta Cunningham's friends' homes, including those of the Royal Family.

1920



**August 1921**  
King George V and Queen Mary host the first Buckingham Palace Garden Party, and Christmas Parties at Buckingham Palace Riding School (The Royal Mews).

**World War Two**  
Huge increase in the number of disabled servicemen and women and a renewed need for the charity's work. Garden party suspended in 1939 but resumed—with an interruption from an air raid!—in 1940. River picnics introduced as a new event.

**May 1941**  
All the charity's records destroyed in an air raid.

1940



**June 1946**  
First group of veterans invited to Wimbledon Lawn Tennis Championship, a tradition continued to this day.

**1949**  
Substantial financial grant to establish The Not Forgotten Northern Ireland branch.

## OUR HISTORY 1920 – 2023



**1952**  
The first television sets provided to veterans isolated at home—8 issued in the first year.

1950

1960

**1960**  
First television fundraising appeal.

**March 1965**  
Marta Cunningham dies.



**1966**  
HRH Katharine the Duchess of Kent GCVO becomes Patron. Her Majesty Queen Elizabeth attends the Garden Party.



**1970**  
Jubilee year. New fundraising appeal to begin providing individual holidays for veterans—80 couples benefitted in first year.

**1979**  
Black and white television sets provided by TNF replaced by colour TVs.

1970

1980

**1982**  
First group holiday to Osmington Bay, Dorset; by 1984 there were four UK holidays in a year.

**1986**  
TNF begins supplying remote controls, teletext TVs and video recorders to veterans, before many households had them.

**October 1987**  
First group holiday abroad, 20 beneficiaries and their wives going to Costa del Sol in Spain, and Gibraltar.

**1988**  
First Garden Party in Scotland, hosting over 800 guests at Holyrood Palace.



**1990**  
70th anniversary, with a special Garden Party of 1,200 guests, and Her Majesty Queen Elizabeth and the late Duke of Edinburgh in attendance. Holiday for 150 veterans to Pontins in Weymouth.

**1997**  
TNF funds disabled veterans to take part in the Paralympic Games in San Diego and the World Games in Pittsburgh. Her Majesty Queen Elizabeth's corgis attend the Christmas Party!

1990

**1998**  
TNF resolves to increase outings by 50% and expand further into the UK.



**1999**  
TNF website launches. First activity holiday for young disabled veterans on Exmoor. Major General Sir Christopher Airy, Chairman, completes a 1000-mile pilgrimage by bike. Mulled wine is introduced at the Christmas party!

**2000**  
Duchess of Kent retires as patron and HRH The Princess Royal KG GCVO becomes Patron.



**2005**  
First Battlefield Tour to Malta, followed by others to Normandy, Holland, Germany, Belgium and Italy.

**2006**  
Concert and Ceremony of the Keys at HM Tower of London. HRH Prince Charles (as he then was) attends the Christmas Party.

2000

**2007**  
Concert at Painted Hall, Greenwich, for Veterans Day in June. In November the first TNF representatives take part in the New York Marathon, continued every year since.

**Sept 2008**  
'Music on Fire' event at Sandhurst, Berkshire.

**2009**  
First canoeing trip in France; partnership with Holidays for Heroes to send veterans and their families to Jersey.

**2010**  
90th Anniversary event in the State Rooms and Ballroom of Buckingham Palace, staged by Major Sir Michael Parker.

**2011**  
First skiing trip to France; followed by first ski trip to Breckenridge, Colorado in 2014.

**2013**  
Group of veterans tackle the Catean Trail in Scotland.

2010

**2017**  
TNF takes a group of veterans (including Falklands servicemen) down to the Falklands to do the yomp across the island from Port San Carlos to Stanley. TNF representatives complete the gruelling Marathon des Sables.



**2020**  
As TNF prepares to celebrate its Centenary, COVID-19 lockdowns force a new approach to supporting veterans: TNF adapted to deliver concerts outside care home windows and also as drive-in events, sent out 'Forgot You Not' gift boxes to isolated WW2 veterans, and broadcast a popular series of online web concerts.



**2021**  
Introduction of 'socially distanced' Jingle Bell Rock Drive-Ins, followed by 11 Garden Party Drive-Ins at stately homes across the UK in 2021.

**2022**  
The 'Anyone for Tea?' bus tour takes TNF on the road all around the UK.





# WHAT WE DO

## OUR OBJECTIVE

To act generally for the benefit of ex-Service personnel with disabilities or illness and Service personnel who are wounded, including the organisation of recreational activities, travel, holidays, outings and entertainment.

## OUR MISSION

To deliver high-quality and safe recreational and entertainment activities to meet the needs of our beneficiaries, and to provide a caring and personal service which is fully linked with the individual's recovery pathway and which is underpinned by an ethos where everyone counts and is valued.

## OUR VISION

To be the trusted partner of choice for providing entertainment and recreation opportunities for both beneficiaries and other Service charities.

To meet the high demand for activities and events, which are well-supported by volunteers at the same time as maintaining a strong financial base.

## OUR VALUES

### *Excellence*

We seek to achieve excellence in everything we do.

### *Personal*

Our beneficiaries are at the heart of everything we do. We know them and they know us.

### *Empathy*

We listen to, respect and understand our beneficiaries and their needs.

### *Comradeship*

We encourage Service personnel and veterans to support each other and bring different generations, campaigns and Services.

### *Teamwork*

We work with our beneficiaries and other military charities to meet individual needs.

## OUR ETHOS

- Beneficiaries are at the heart of everything we do.
- We are genuinely and wholly inclusive, and support every eligible beneficiary, irrespective of age, service, background or the nature or cause of their illness or injury. There is something for everyone.
- We believe peer-to-peer support is vital and work hard to mix veterans of all ages, services, experiences and disabilities together at our events, encouraging this support and camaraderie.
- In addition to veterans, we support all current serving members and veterans of the Royal Navy, the Army, the Royal Air Force and the Merchant Navy.
- We work with each beneficiary to complement their individual recovery pathway, and continue to support them as long as their need is ongoing.
- Our services are free to all eligible beneficiaries and military charities. We are not a membership organisation.
- We believe collaboration is essential and work closely with other military charities to complement their work and meet the needs of mutual beneficiaries.
- We listen to our beneficiaries and monitor the military charity landscape to ensure we remain current and relevant whilst retaining our ethos and character.



## WHAT WE DELIVER

Our dynamic programme of events focuses on making each beneficiary feel valued and that their service for their country matters. Attending a Not Forgotten event might be the first time someone has left their home in months, so we provide a relaxed atmosphere which encourages participation, openness, and fun.

We also recognise that beneficiaries will often need to attend more than one event on their road to recovery.

Our annual programme includes:

- Royal parties: a summer Garden Party at Buckingham Palace and a Christmas Party at St James's Palace, which celebrate the enduring value of service.
- Challenge/activity breaks, such as adaptive skiing, trekking and alpine canoeing, which inspire beneficiaries to push their personal physical and mental boundaries.
- Respite holidays, which invigorate beneficiaries and also their partners.
- Concerts in care homes, which bring comfort and cheer to older veterans.
- Outings and visits to prestigious sporting events such as Ascot, Twickenham and Wimbledon.
- Outdoor 'drive-in' concerts at stately homes around the UK, enabling less able beneficiaries to attend within the comfort and security of their own car.
- Community concerts around the UK offering a social day of activities, refreshment and entertainment; drawing on the enthusiasm of local volunteers and their communities.
- Holiday grants for those whose illness prevents group participation.
- Provision of televisions and TV licences to those who are confined to their homes and in financial need.
- Provision of tablets and laptops to those who are digitally isolated.





# ANYONE FOR TEA?

To celebrate Her Majesty Queen Elizabeth's Platinum Jubilee in June 2022, The Not Forgotten staged something completely new to our programme — the 'Anyone for Tea?' Bus Tour.

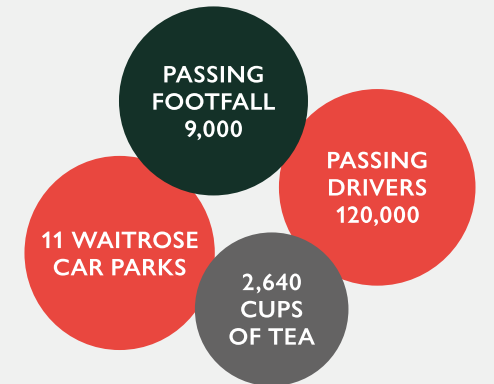
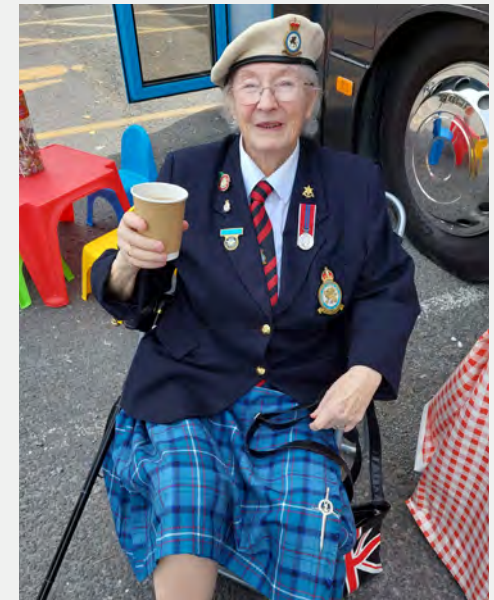
Sponsored by Waitrose & Partners, the event involved a double-decker bus wrapped in The Not Forgotten branding driving the length and breadth of the UK, parking up at 11 Waitrose car parks. At each stop, people could drop by for a chat and a cup of tea and slice of cake, hear about the work of The Not Forgotten or simply enjoy some company for an hour or two, with toe-tapping entertainment from Annie Riley and Lloyd Ellery, and some celebrity appearances along the way from local mayors, dames, and soap stars.

We were very fortunate with some beautiful summer weather, and many of our guests spent several hours with us. Some even stayed all day, telling us they often didn't leave the house or speak to a soul all day. To be able to chat to us and socialise with other veterans and guests for a day lifted their spirits immeasurably.

Covering hundreds of miles, the bus tour took in Goldalming, Southampton, Plymouth, Saltash, Cardiff, Birmingham, Banbury, Glasgow, Hexham, Leeds, Preston and Liverpool; serving 2,640 cups of tea over ten days! In Plymouth we had an extra-special stop for a ceremony to commemorate the 40th anniversary of the Falklands War.



Over the ten-day tour, we estimate some 9,000 people will have seen the bus parked up in the car parks, and the bus driver calculates as many as 120,000 drivers will have seen the bus on the road. Not to mention the increased press and social media coverage and uplift in new beneficiary enquiries. The tour also raised £4,500 for The Not Forgotten.



Most importantly, we realised we had reached some very isolated veterans who don't get to our other events. As we spent time in conversation with veterans hearing their stories, we realised the importance of coming out to people in every region and making ourselves as accessible as possible.

In all, a memorable way of marking the Jubilee and continuing our founder Marta Cunningham's mission into the 21st Century.

Our thanks go to Waitrose & Partners for making the event possible, to Best Magazine for providing the refreshments, and to the Veterans' Foundation for their generous donation towards the costs of the tour.







*SAMA (82) flag-raising ceremony in Plymouth, 14 June 2022, to commemorate the Falklands War.*

## FALKLANDS 40TH ANNIVERSARY

2022 marked the 40th Anniversary of the Falklands War, the 74-day conflict in the South Atlantic in which 255 British military personnel lost their lives, and many others sustained life-long injury or trauma.

We were conscious that anniversaries like this can trigger anxiety and bring back difficult emotions and memories, but anniversaries are also extremely important to commemorate, holding profound meaning to those who fought there and their families.



*The new permanent memorial dedicated to the men lost on HMS Argonaut*



*Rachel Webster, on her 258-mile sponsored run in honour of lives lost in the Falklands*

Alongside many other organisations and official events, we recognised the 40th Anniversary in a variety of ways, inviting Falklands veterans as honoured guests to our Buckingham Palace Garden Party and St James's Palace Christmas party and hearing their stories and memories of the operation. We also attended a commemorative ceremony in Plymouth as part of our 'Anyone for Tea?' bus tour.

One of our beneficiaries, veteran Rachel Webster, ran 258 miles during May in honour of the 255 service-personnel and 3 Falkland Islanders who died in the conflict. While in December another of our veteran community, Paddy Gallagher, made the long journey back to the Falklands to erect a new permanent memorial overlooking San Carlos, to commemorate the sailors who died on HMS Argonaut.



By kind permission of Her Majesty Queen Elizabeth and now His Majesty the King, each year The Not Forgotten hosts a Garden Party in the grounds of Buckingham Palace, and a Christmas Party in the State Apartments of St James's Palace. For our beneficiaries and other invited guests these are experiences of a lifetime; days full of excitement, entertainment and camaraderie with the majestic backdrop of their royal setting.

We are hugely grateful for the privilege of hosting such events and would like to thank the staff of Buckingham Palace and St James's Palace, the service personnel and other volunteers who give their time to help, the Band of The Royal Marines Band Portsmouth (Royal Band) at the Garden Party and the wonderful entertainers at the Christmas Party.



## THE GARDEN PARTY

This year's garden party saw 2,200 veterans, guests, staff and Service Helpers enjoy a wonderful afternoon in the May sunshine, with a visit from our Patron HRH The Princess Royal and Vice Admiral Sir Timothy Laurence, who both spoke at length to many of our veterans.



The Garden Party brings together guests from all three services and the Merchant Navy, and every military campaign since the Second World War from over 150 military charities, plus many of the partners with whom we work, and celebrity guests. It is our largest annual undertaking and a highlight of our calendar in combatting isolation and loneliness and reinforcing that each individual's service to their country continues to be remembered, valued and celebrated.



HRH The Princess Royal chats to our guests



2,200 VETERANS  
AND GUESTS FROM  
OVER 150 MILITARY  
CHARITIES



## THE CHRISTMAS PARTY

Taking place in the Picture Gallery, Throne, Entrée and Queen Anne Rooms of St James's Palace, The Not Forgotten Christmas Party is a magically uplifting afternoon with a delicious afternoon tea and entertainment from magicians and balloon modellers, followed by a wonderful variety show of comedy, music and dance from a team of supremely talented performers. Our thanks to Annie Riley for organising this fantastic entertainment.



This year we hosted 258 veterans and guests, who were joined for some of the afternoon by HRH The Duchess of Gloucester. She visited each table and spoke engagingly to many of the veterans and guests who were delighted to meet her.



HRH The Duchess of Gloucester meets some of our veterans

*"Words cannot express how immensely grateful I am for the incredible event at St James's Palace. I was moved to tears to be introduced to a member of The Royal Family. To feel part of The Not Forgotten Family was something that will bring warmth to my heart for the rest of my days."*

Tim, Royal Air Force veteran and guest at our 2022 Christmas Party



# HOLIDAYS, OUTINGS & CHALLENGES

Thanks to life returning to normal after the restrictions of the pandemic, this year has seen us return to a full events programme of holidays and outings for veterans; lifting spirits, boosting morale and confidence and reducing feelings of isolation and loneliness.

We have taken a total of 500 veterans on 24 trips and the range of activities undertaken have reached veterans of all ages and all abilities: there has literally been something for everyone.

## CHALLENGE ACTIVITIES



### SKIING

Our skiing trips to Breckenridge in Colorado are truly exceptional; the courage it takes blind skiers to set off down a slope, or for amputees to embrace sit-skiing and ski-biking is inspirational and humbling, and living proof that disability need never hold anybody back.

This year we took 25 veterans, across two trips, working with the brilliant ski guides from Breckenridge Outdoor Education Center and making the most of the wide uncrowded slopes at the resort.

The impact of these ski experiences on beneficiaries are literally life changing. They come home with a new-found confidence, a renewed belief in themselves, and friends for life.

### WHITE WATER CANOEING IN THE FRENCH ALPS

Exhilarating and challenging but most of all fun, this trip was a huge hit. There was considerable anxiety and trepidation amongst the group of 11 about navigating white water rapids but all emotions were overcome with gentle encouragement and team support.

*"This has been a most wonderful and rewarding week. Sometimes challenging physically and sometimes psychologically, everyone has brought their own set of skills and personality traits to the party. Cajoling and encouraging when necessary, playing with military banter at other times, everyone has been tuned in to the mixed and often deep-set needs of veterans with 'history'."*

**Crissie, participant on white water canoeing trip in 2022**



*"I started this trip nervous and anxious and unable to integrate or socialise. But the team encouraged me and everyone was accepting, which made me feel comfortable enough to speak to others and not feel isolated. I have not only learnt to ski, but learnt to talk about my feelings and experiences. I now feel recharged and ready to go back to my family, happier and less anxious, and in a better place."*

**Geraint, participant on 2023 ski trip to Breckenridge**

### THE ISRAELI VETERAN GAMES

A group of 15 beneficiaries represented The Not Forgotten alongside other veteran charities at the Israeli Veterans Games in May. Competing in friendly fashion they came away with a haul of 6 golds and many silver and bronze medals in CrossFit, pistol shooting and swimming. More important than the medals, however, was the overall experience which included socialising and sightseeing with their families (who were invited too) and the immeasurable boost to their mental health.





## HALF MARATHON DES SABLES

A team of five took part in the Half Marathon des Sables in Fuerteventura in October, facing the extra challenge of seven years of rainfall falling in one day! Sinking into wet sand and clambering over volcanic rocks to avoid tracks that had become rivers made the conditions extremely uncomfortable, but all five completed the course and raised over £6,000.

## NEW YORK CITY MARATHON

Two veterans took part in the New York City Marathon together for The Not Forgotten having become firm friends since bonding on a TNF ski trip. One is a double amputee who finished to become one of the elite wheelchair participants.



The team at the finish line of the Half Marathon des Sables, October

## SPORTS EVENTS

The Not Forgotten are extremely lucky to receive tickets to take veterans to rugby matches at Twickenham and seats on Centre Court and No.1 Court at Wimbledon. Ascot Race Day in November is another highlight in our calendar: The Not Forgotten even had a race named after us this year, and some of the group enjoyed significant wins on the horses!

## FISHING

Our popular carp fishing weekends in Hampshire and Cornwall give small groups of beneficiaries a relaxing few days to forget the challenges of their injuries in beautiful surroundings. Particularly therapeutic for those with mental health injuries, and a real opportunity for camaraderie and the forging of great friendships.



Carp fishing at River View Farm Fishery, Hampshire, July

*"It's not just about the fishing, it's about the camaraderie on the bank too. And for some of us who don't sleep well, here we have had the best sleep in months."*

George, beneficiary on a fishing trip 2022



Day trip to the races at Ascot, November

## RESPIRE BREAKS

*"To watch my husband with like-minded people who understand what each other have been through was amazing. What an amazing experience: you change people's lives."*

Debbie, wife of a veteran and guest at Maison 10 in 2022



Activities at Maison 10, France, June



Respite break to Ashcombe, Devon, November

An integral part of our programme and an offering unique to The Not Forgotten are the respite breaks we run to Jersey, Majorca, France, and Ashcombe in Devon. This year we were able to take 82 guests across five respite breaks, giving these veterans and their partners invaluable time away from their struggles in daily life.

Veterans try their hand at everything from cycling, swimming and horse riding to archery, quad biking, clay shooting and team quizzes, forming friendships that last a lifetime. What is particularly moving about the respite breaks is the impact it has on veterans' partners too: they often bond with the other partners and find others who understand just how tough it can be in a supportive role.



Majorca respite break, October



## DAY TRIPS

Throughout the year we are thrilled to be able to take groups of beneficiaries to events as varied as the 'Dunkirk Little Ships' flotilla down the Thames, the Founder's Day Parade at The Royal Hospital Chelsea, the British Festival of Eventing, a visit to Bruce Crompton's tank collection, and the Remembrance Day Parade and Ceremony at the Cenotaph in London.

One of the most remarkable of these is our Brands Hatch Track Day, where, thanks to Martin Lewis, Gary Eastwood and Richard Davis, veterans get the chance to ride around the track with professional drivers at speeds of up to 180mph! It doesn't take long for the adrenaline to kick in, and the day makes an incredible difference to the participants.



*"Don't give me drugs, don't give me therapy, I don't need white coats: give me something like this day, it has cleansed me."*

Jeff, beneficiary on our Brands Hatch Track Day 2022



## CHRISTMAS LUNCHES

This year we were once again able to host a nationwide series of Christmas Lunches which took place in Edinburgh, Newcastle, Leeds, Manchester, Nottingham, Birmingham, Bristol, Plymouth, Salisbury, Maidstone and Northern Ireland, hosting a total of 1,091 veterans.

These lunches are incredibly popular, reaching out as they do into the regions at a time of year that can be lonely for many. The guests range from the young to centenarians, who enjoy a turkey lunch followed by a joyful afternoon's entertainment and socialising. A few happy hours in like-minded company, not too far from home — for some it is the first time they have socialised in a long time.

## AFTERNOON TEAS

In September and October we entertained 238 veterans at Afternoon Tea events in Henley, Penrith and Wigan. Special thanks must go to the Michelle Jurd Trust for generously sponsoring the Penrith tea.

# SUMMER DRIVE-IN CONCERTS



Launched in 2020 as a way to entertain during Covid restrictions, due to popular demand we have been delighted to continue our Summer Drive-In Concert series, this year returning with our team of performers to four stately homes around the UK — The Grange in Hampshire, Knowsley Hall in Liverpool, Ballindalloch Castle in Banffshire and Baronscourt in Northern Ireland.

We hosted 560 guests at the Drive-In Concerts this year, treating them to live performances of classic hits from the comfort of their own cars or picnic tables. The events are affordable at a time of financial hardship, appeal to all ages, and can be life-changing for someone who is afraid to leave the security of their home — knowing they can join in without leaving their vehicle is a huge step they feel able to take.

The owners of the lovely houses we visited joined in the fun as did Lt General Sir Alistair Irwin who said just how important it was for us to visit the more remote areas of the UK to entertain veterans where they really do feel forgotten.



This wasn't the only entertaining we did this year! We also entertained 2,170 residents in care homes around the country and 1,455 guests at community concerts country-wide.



# WHO WE HELP

Shining a spotlight on a few of our beneficiaries

## PADDY GALLAGHER MBE



Paddy Gallagher MBE joined the Royal Navy in 1978 and was serving aboard HMS Argonaut when she was the first ship struck on 21st May in San Carlos Bay, during the British landings on the Falklands in 1982, losing two of her crew.

Leaving the Navy in 1990 and diagnosed with PTSD in 1994, Paddy encountered The Not Forgotten when he was invited to our Garden Party via SAMA. Since then, he and his wife have attended garden parties, the Christmas party, a Belgian battlefield tour and a day on the circuit at Brands Hatch, as well as undertaking extensive fundraising for The Not Forgotten. He describes our events as “unbelievable; the best things I’ve ever been to”, making him friends for life.

In 2017 he had the incredible opportunity to travel back to the Falklands with The Not Forgotten, where we orchestrated the spreading of the ashes of one of his fallen comrade’s parents at the exact coordinates where their son had been buried at sea, a hugely emotional moment.

*“To be in contact with others who’ve suffered as I have is priceless. It’s amazing to feel you’re being considered with a mental injury; and to witness the joy amongst the veterans and their families at events is very moving. The comradeship, the friendships, and the opportunities to do things you never would otherwise: money can’t buy any of that.”*

## TV LICENCE RECIPIENTS

The Not Forgotten supplies television licences to veterans like David, made redundant during Covid and living socially isolated in rented housing with significant debts, all taking a huge toll on his mental health. Or Tommy, an army veteran unable to work due to major health issues, living in sheltered accommodation after a period of homelessness, with no money to his name.

By paying for TV licences for these veterans, The Not Forgotten is giving them an often life-saving connection to the world beyond their four walls.

Case workers from SSAFA, who nominate recipients to us, say:

*“The support you provide alleviates a substantial amount of stress as well as the financial burden, of trying to afford a TV Licence. Most people who need the licence and can’t afford it still use the services so they are constantly living in fear that they will get fined; but otherwise they have no connection to the outside world.”*

Jules Calder served in the WRAC and RCT/RLC until the mid 1990s, but it was only years later when sorting through her father’s medals after he passed away that she was moved to reconnect with her service life and joined a WRAC veterans’ group.

When our ‘Anyone for Tea?’ bus stopped at her local Waitrose, Jules came along and had her first encounter with The Not Forgotten. Since then she has attended an afternoon tea and the Ashcombe respite break accompanied by her partner and her amazing assistance dog Leo.

This February she had the life-changing opportunity to join our ski trip to Colorado, persuading her to leave home for the first time without Leo for an “out of this world” experience which has improved her confidence immensely and opened up a world of opportunities for her.

*“The ski trip was simply incredible – out of this world! The support I received every step of the way was amazing. I used to love skiing but never thought I’d be able to ski again due to injuries sustained while serving. I had a smile frozen on my face the whole time! I’ve come back a different person, so much more confident - I’ve surprised myself. The experience has opened new things up for me and I’m even keeping up my adaptive skiing at a local ski slope.”*

## JULES CALDER



## ALABARÉ – GIBRALTAR VETERANS HERITAGE PROJECT

Every year The Not Forgotten makes a number of grants to small groups and individual veterans to enable them to undertake travel which they otherwise would not experience.

Most of these grants are for UK trips, but in 2022-23 we funded a group of 9 vulnerable veterans and staff to travel to Gibraltar with the charity Alabaré Christian Care & Support, to participate in a military heritage restoration project. Many of the veterans were classed as vulnerable, living in the charity’s homes or using their services, so the trip was an unprecedented boost to their mental health, confidence and self-esteem as they threw

themselves into the team project and felt pride in giving something back.

*“Throughout the project I noticed a significant improvement in my physical and mental wellbeing and in the rest of the team. I have met new friends for life and intend to keep in touch.”*

*“I first came to Gibraltar in 1998 as a young 17-year-old on HMS Cornwall and I am now back in Gibraltar as a 41-year-old. It’s given me that bit of closure from my own battles and demons and allowed me to rediscover my own personality with a group of veterans again.”*



## FINANCIAL REVIEW

INCOME £1,092,601		EXPENDITURE £1,355,804	
Legacies	34%	Challenge, Holidays & Respite	31%
Donations & Fundraising	31%	Royal Events	19%
		Outings	14%
Grants & Major Donors	23%	Concerts	9%
		Televisions & Tablets	3%
		Administrative Enabling	21%
Investments & Encashment	8%		
Partnerships	4%	Governance	2%
		Fundraising	1%

Please note: Figures are unaudited.

## GRANTS AND DONORS 2022/23 FY

(1 April 22 to 31 March 23)

We would like to give special thanks to the grants, trusts and foundations who kindly support our work and enable us to do what we do.



Below are just a few of the organisations who have supported us this year:

### MORE THAN £50,000

The Headley Court Charity  
The Band Trust

### MORE THAN £10,000

Royal Navy Royal Marines Charity  
The Childwick Trust  
Royal Naval Benevolent Trust  
The Westminster Foundation  
Waitrose & Partners

### £5,001 - £10,000

Queen Mary's Roehampton Trust  
The Peacock Charitable Trust  
The Seafarers' Charity  
Elizabeth Frankland Moor & Star Foundation  
The Veterans Foundation  
The Seahorse Charitable Trust  
Tesco Community Grants  
Queen's Lancashire Regiment  
Veteran's Charity

### £1,000 - £5,000

Michelle Jurd Trust  
Queen's Club of San Francisco  
Castanea Trust  
The Scott (Eredine) Charitable Trust  
AVRO Yachting  
The Armed Forces Covenant Fund  
The Wyfold Charitable Trust  
Joseph & Lena Randall Trust  
Joseph Strong Frazer Trust  
Trinity House  
Westfield War Memorial Village  
Yeatman-Biggs Masonic lodge  
RAF Kirkham Old Boys  
The Wield Glenn Miller  
Tribute Band

We also wish to thank The Privy Purse charitable trust for their continued support in the work that we do.

### DONATIONS IN MEMORY

Throughout the year we receive a number of donations from those who have sadly passed away. We want to express our heartfelt condolences to those who have lost loved ones, and convey our gratitude for being honoured in their memory.

We are privileged to be the principal military charity of The Seahorse Trust - the charitable arm of The Worshipful Company of Pewterers.



You can learn more about The Seahorse Trust at: [pewterers.org.uk/charity](http://pewterers.org.uk/charity)





## FABULOUS FUNDRAISERS

We are constantly amazed by the dedication, generosity, imagination and sheer ingenuity of supporters who raise vital funds for The Not Forgotten in all sorts of ways throughout the year.

We want to give a huge heartfelt THANK YOU to each and every person who has hosted, attended or donated to an event, or undergone a major physical feat of endurance in our honour.

We would not be in a position to continue our work without the tremendous kindness, commitment and energy of so many individuals, communities, corporate partners, trusts and associations.

It's impossible to share every fundraising story here, but during 2022-23 we have seen supporters conquering marathons, half marathons and Scottish Munros; running 258 miles in memory of the Falklands; weightlifting the equivalent of a Chinook; skiing one of the highest peaks in North America; organising car shows, golf days, curry nights, afternoon teas, sailing challenges, music events, local litter-picks and a Halloween 'spooktacular'; not to mention going out with collecting buckets or setting up Facebook birthday fundraisers.

A special thank you must go to JTI and their employees across the country for the magnificent sum raised from their 'Big Walk' fundraising initiative.

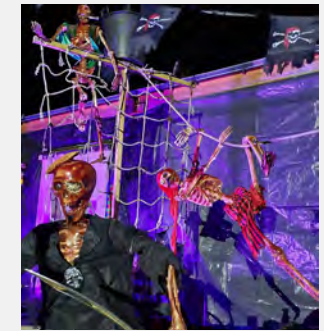
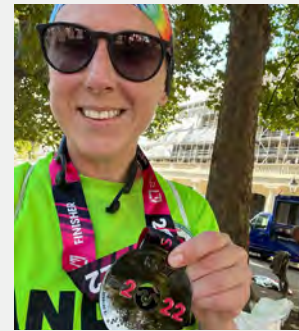
We also had the enormous privilege this year of being the official nominated charity at several high-profile events including the Orsett Show in September, the British International Military Tattoo in October, 'Sunday Night at the Grand' in Blackpool in March and the Food and Drink Festival at the Ideal Home Show in March. We owe huge thanks to the organisers of these events, to those who manned stands or 'busked' on stage as we collected, and to the amazing volunteers who gave up their time to hold a bucket and engage with the public.

### WOULD YOU LIKE TO FUNDRAISE?

Inspired by all these ideas? If you'd like to help us raise money we'd love to hear from you!

Email [fundraising@thenotforgotten.org](mailto:fundraising@thenotforgotten.org) or call 020 7730 2400.

[www.thenotforgotten.org/support-us/fundraise/](http://www.thenotforgotten.org/support-us/fundraise/)





## OUR TEAM

## OUR PATRON

Her Royal Highness The Princess Royal  
KG KT GCVO GCStj QSO GCL CD

## OUR BOARD

### PRESIDENTS

Admiral of The Fleet Sir Benjamin Bathurst  
GCB DL  
Air Vice-Marshal Elaine West CBE  
General The Lord Dannatt GCB CBE MC DL  
Air Chief Marshal Sir Stephen Dalton GCB ADC  
FRAeS

### VICE-PRESIDENTS

Major General Sir Christopher Airy KCVO CBE  
Lieutenant Colonel T J Tedder  
Colonel Piers Storie-Pugh OBE TD DL  
Brigadier R J Heywood OBE DL

### CHAIRMAN

Mr David Cowley OBE

### VICE CHAIRMAN

Mr Mark Nicholls

### HONORARY APPOINTMENTS

Treasurer Mr Paul Botterill\*  
Medical Officer Dr Kate Goble MBBS MRCP  
DipOccMed\*  
Chaplain Rev. (Col Retd) Peter Hewlett-Smith OBE  
*\*Also a member of the General Committee*

### GENERAL COMMITTEE

Mr Jeremy Archer  
Ms Lisa Gibbard  
Group Captain Jacqueline Gross RRC  
Mr Glenn Hurstfield  
Mr Tom Long  
Mr Stephen Neel  
Colonel James Partridge TD DL  
Mr Barry Plummer – *resigned October 2022*  
Mr Simon Post  
Mr Francis Roseman  
Commodore Jim Scorer RN FNI FCMI  
Mr David Mason MBE



**Colonel (Retd)  
Richard Walker OBE**  
Chief Executive



**Rosie Thompson MBE**  
Head of Events



**Louise Coopman**  
Head of Communications &  
Engagement



**Joseph Cheng**  
Financial Controller



**Ian Brand**  
Grants Officer



**Anne McGinley**  
Events Assistant



**Moises Domingos**  
Finance Assistant &  
TV Administrator



**Karlie Smith**  
Office Manager



**Lorraine Plummer**  
Merchandise &  
Fundraising Coordinator





President: His Grace the Duke of Abercorn KG



Mr Graeme Woodcock, Vice Chairman, and a RMP veteran at a concert at the Somme Nursing Home

2022-23 has been an extremely busy and challenging year for The Not Forgotten Northern Ireland. We said farewell to Mr John Davies, our Chair for over eight years, and the post was taken up by Lt Col John Mateer MBE, late Irish Guards, who unfortunately after a short term had to resign due to a posting in the Middle East. The mantle has now been handed over to Ben Higgins BEM, whose post will be ratified at this year's AGM on 18 May at the Somme Nursing Home in Belfast.

On the events front we are going from strength to strength. We have widened our reach to more veterans via the Northern Ireland Veterans Support Office - we are extremely grateful to Liz Browne and her staff at the Office for the support that they provide.

We also now have a 'veterans champion' from each of our 11 councils attending our events, enabling them to raise awareness of their role in supporting veterans, and to better understand the issues impacting the veterans within their council area. We tried this at our first event in January 2023 at the Royal Hotel, Cookstown, and it was very well received by the 45 veterans who attended the lunch.

Our mainstay events such as the Founders Day in August, the Drive-in Concert at Baronscourt

(the home of His Grace the Duke of Abercorn) and our Christmas Lunch are going well and becoming 'go-to' events for veterans.

We are thankful for the support that we receive from the Chief Executive of The Not Forgotten, Col Richard Walker OBE, and his staff for the support and advice that they have given us over the last year. In addition, we could not deliver our work without the unstinting support of our Executive Committee members, Graeme Woodcock, Tom Porter, Joan McCabe and Yvonne Mullholland, in addition to our General Committee volunteers.

Lastly, the Vice Chairman and I have been very busy working with staff to check our overall governance, policies and procedures, which has led to our constitution being updated to mirror that of The Not Forgotten in London. We are pleased that we have been granted permission to change our official name to mirror theirs; this will be formalised by June 2023.

**Ben Higgins BEM**  
Chair of The Not Forgotten Northern Ireland

## OUR PARTNERS

Much of our work is only possible through partnership with other charities, businesses and organisations.

Below are just some of the valued partners we have been honoured to work with in all sorts of ways during the past year:



## DONATION FORM

### Donate by card:

Scan this QR code to donate quickly and easily using a debit or credit card.



Or visit [www.thenotforgotten.org/donate](http://www.thenotforgotten.org/donate)

### Donate by cheque:

I have the pleasure of enclosing my donation of:

£5

£20

£50

£100

Other £

Please ensure you send your cheque along with your details completed below. These will be used to confirm receipt of your donation.

Title

Name

Home Address

Post Code

Telephone

Email

I would like to receive updates on events, fundraising and charity news from The Not Forgotten via:

Post

Telephone

Email

In accordance with General Data Protection Regulations (GDPR) we need your consent to communicate with you. Please tick the appropriate boxes to confirm you are happy for The Not Forgotten to send you details about our events and activities, the work we do as a charitable organisation and update you on how you can get involved or help to support us. This consent can be withdrawn at any time by informing [info@thenotforgotten.org](mailto:info@thenotforgotten.org)

### GiftAid

I confirm that I am a UK income or capital gains taxpayer. I have read this statement and want The Not Forgotten to reclaim tax on the donation detailed above. I understand that if I pay income tax and/or capital gains tax in the current tax year than the amount of GiftAid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Signature

Date / /

You can cancel your declaration at any time by contacting us, particularly if your circumstances change, including change of name or address.

☐

Tick here if your donation is £50 or more and you would like to receive a limited-edition badge and certificate as part our 'SMILE' campaign (see information overleaf).

### LEGACY GIVING

If you are considering leaving a legacy gift to The Not Forgotten in your will, we would love to chat to you about your generous decision. Please give Lorraine a call on 020 7730 2400

## THANK YOU



# HELP US PUT SMILES BACK ON THE FACES OF VETERANS

We are a small team with huge ambition to make sure that no veteran is left isolated or alone. Our work lifts spirits and transforms lives —but we can't do it alone. With no statutory funding, it's only with the support of the public that we can continue what we're doing.

Join us to help restore dignity, confidence and independence to veterans.

JOIN  
US AS A  
CORPORATE  
PARTNER



SET  
YOURSELF  
A SPONSORED  
CHALLENGE OR  
ORGANISE A  
FUNDRAISING  
EVENT



MAKE A  
ONE-OFF  
OR REGULAR  
DONATION



LEAVE A  
LEGACY AS  
A GIFT IN  
YOUR WILL



## RESTORING DIGNITY, CONFIDENCE AND INDEPENDENCE TO VETERANS SINCE 1920

### DONATE TODAY AND CHANGE LIVES

See overleaf for how to donate today.

Or to talk to us about fundraising, legacies or corporate giving please get in touch on [fundraising@thenotforgotten.org](mailto:fundraising@thenotforgotten.org) or 020 7730 2400

[www.thenotforgotten.org/donate](http://www.thenotforgotten.org/donate)

All through 2023 we are aiming to raise smiles as well as pounds with our 'SMILE' campaign, to reach a Smile-o-Meter target of £25,000. Anyone who raises or donates £50 will receive a limited-edition badge and certificate, as well as the knowledge they are helping put smiles back on the faces of injured veterans and their families.

Find out more at [www.thenotforgotten.org/smile](http://www.thenotforgotten.org/smile)

### Write to us

1st Floor  
14 Buckingham Palace Road  
London SW1W 0QP

Registered charity in England  
and Wales (1150541)  
© 2023 The Not Forgotten

### Contact

Telephone 020 7730 2400  
[www.thenotforgotten.org](http://www.thenotforgotten.org)  
[info@thenotforgotten.org](mailto:info@thenotforgotten.org)

Designed by SEA

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