

NEWSLETTER
JUNE 2019



GARDEN PARTY
SPECIAL

THE NOT FORGOTTEN



Not forgotten then...



...Not forgotten now

It was the perfect day – Buckingham Palace bathed in sun, delicious food, music by The Band of The Royal Armoured Corps, HRH The Duchess of Gloucester and some 3,000 members of the Armed Forces community having a party – and what a party it was. Our biggest ever with every arm and service, representing all campaigns since the Second World War, enjoying this unique occasion and the chance to meet friends, new and old, to share some banter, revel in the camaraderie and feel valued.

Bringing together so many service personnel from over 150 military charities and organisations is The Not Forgotten's greatest annual achievement. It goes to the heart of what we do; working together, we seek to boost morale, restore confidence and thereby improve the physical and mental health of those who have served their nation and now suffer. Such events help defeat the causes of isolation and loneliness - a blight that affects too many of our community. Having a party, being made to feel special in the company of likeminded individuals does so much to lift one's spirits which all helps to restore dignity and independence. As a consequence the individual, their family and community all benefit. We are only a small part of the military charity environment but working with others, we make a difference and together we provide the solution.

Thank you for being part of this phenomenal community.

James Stopford, Chief Executive





"Having The Garden Party to look forward has helped give my recovery by giving me a real sense of direction. It made me exercise harder and gave me a reason to make the journey to Central London, pushing me out of my comfort zone. I was exhausted by the end of the day but elated that I had managed it and having something to work towards really helped inspire me and give me purpose."



"Watching my husband relax was beyond heart warming, for me the whole experience has being life-changing."



You can find all of the photographs from the Garden Party on our website: www.nfassociation.org/galleries

We'd like to thank the Royal Navy and Royal Marines Charity, ABF The Soldiers' Charity, the Royal Air Force Benevolent Fund and Queen Mary's Roehampton Trust for supporting the Garden Party.

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